

Topic: Everyday activities

Drodzy uczniowie,

proszę przeczytać tekst nt. czynności codziennych oraz zapisać i przetłumaczyć poniższe wyrażenia:

get up
wake up
brush my teeth
shave
wash face
get dressed
have breakfast
arrive
finish work
eat dinner
hang out
do exercise
stay strong and healthy
fall asleep

Reading:

Some of my friends think I have a boring daily routine, but I like it. I usually get up at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face. Then, I get dressed and go downstairs to have breakfast with my family. I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife. I take a bus to work because I don't like to drive, and I always arrive at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and go back home and see my wife and children again. I have two boys, Thomas, who is six years old and Patrick, who is eight. We eat dinner together in our dining room at around 6:00, and after that I hang out with my wife and kids at home. We like to watch TV travel shows together. In addition, two or three times a week I do exercise in the evening, so I can stay strong and healthy. I think that this is very important! Finally, at about 9:30, I go to bed, read for a while, and then fall asleep. Sure, some people think my daily routine is a little boring –but on weekends and holidays I love to fly airplanes... for fun !It's my favorite hobby.